



What is C.A.P. (Cowboy Advisory Period)?

C.A.P. is a once-a-week advisory period, provided on Wednesday mornings from 8:00am to 8:25am. It provides an opportunity for all LHS students to check in with their teachers for one of the following reasons:

- Working on Homework
- Making up Tests & Missed Work
- Accessing Technology for Academic Purposes
- Getting Help from Teachers & Peers
- Self-Directed Studying
- Group Studying
- Group Work & Collaboration
- Silent Reading
- Counselor meetings/sessions

Every teacher, with the exception of those designated as having a first period prep period, will have open “office hours” in their classroom during the designated time on Wednesday. If students are attending C.A.P. they need to arrive to their classroom on time, and remain in that room for the twenty-five minute period. At the end of the C.A.P. period, students will have five minutes to report to their regular first period class. C.A.P. is voluntary and some students may not feel the need for additional work/support. After the first week of school, many teachers may request that certain students attend this period for test/quiz make-up or for extra support. Teachers will indicate to parents, either by e-mail or as a part of their class syllabus, how they intend to use this period. We sincerely hope that all students will avail themselves of this additional support.

All students will be told that if they are NOT in C.A.P., but are on campus prior to their first period class they must remain in the quad area. Students are not permitted in the halls of any classroom building any sooner than five minutes prior to first period to prevent disruption to those students participating in C.A.P.

C.A.P. should NOT be used for:

- Posting on Social Media
- Gossiping/Chatting
- Playing Cards/Other Games
- Copying Homework from peers
- Wandering in the Hallways
- Going off Campus for food